

# TerraNova - Dining Room Lunch

## Soup & Salads

Soup Du-Jour or  
Tomato Bisque Basil Cream \$5

### PASTA & SALAD BAR

“All You Can Eat” Pasta, Soup and Salad Bar with a Wide Variety of Fresh Toppings Along with Composed Salads. Choose from a Multitude of Fresh Ingredients, Pastas and Sauces.

Served Monday thru Friday 11:00 AM to 2:00 PM \$12

Marketplace Fruit Plate  
Seasonal Fresh Fruit, Served with Low Fat Yogurt or Low Fat Cottage Cheese \$11

Grand Caesar Salad  
Fresh Crisp Romaine Tossed with Romano Cheese, Garlic Croutons and Creamy Caesar Dressing, then Topped with Shaved Parmesan Cheese and Sprinkled with Fresh Ground Pepper.

Served with Boccaccio Bread  
Chicken Breast \$14, Salmon \$15, Jumbo Shrimp \$16

Ranchers Cobb Salad  
Choice of Grilled Prime Sirloin, Salmon or Chicken, Hard Boiled Egg, Bleu Cheese, Tomato, Bacon, Avocado and Balsamic Vinaigrette.

Chicken Breast \$13, Prime Sirloin \$14, Salmon \$15

Chinese Chicken Salad  
Lettuce, Napa Cabbage, Carrots, Snow Peas, Wood Ear Mushrooms, Bean Sprouts, Won Ton, Soy Ginger Dressing \$13



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## Sandwiches

### New York French Dip

Sliced New York Steak with Melted Cheese, Onions and Peppers. Served On a French Roll with Au-Jus and Chef Creamy Horseradish Sauce and Gourmet Fries \$15

### Angus Burger or Angus Melt

Hand Formed Eight Ounce Angus Beef. Served with Gourmet French Fries, Fresh Fruit or Low Fat Cottage Cheese, garnished with Tomato or Pineapple. Burger Served on a Brioche Bun or Served Melt Style on Toasted Rye \$14

### Applewood Turkey Club

Applewood Smoked Bacon, Avocado, Tomato, Lettuce, on Toasted Sourdough with Gourmet Fries \$13

### Gourmet Trio Meatball Sandwich

Hearty Beef, Pork and Veal Meatballs Seasoned with Fennel, Marinara Sauce, Fresh Mozzarella and Parmesan Cheese. Served on an Italian Roll, Served with Gourmet Fries \$14

### Vegetarian Panini

Grilled Eggplant, Zucchini, Portobello, Roasted Pepper, Fresh Mozzarella, Onion-Thyme Spread, Served on Boccaccio Bread. Served with Low Fat Yogurt or Low Fat Cottage Cheese \$12



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## Entrees

Fish and Chips  
Homemade Tartar Sauce, Malt Vinegar \$14

Ancho Rubbed Chicken Quesadilla  
Ancho seasoned Chicken, Poblano Chili, Cheddar and Jack Cheese,  
Served with Guacamole, Duo Salsas \$14

Chicken Breast Florentine  
Served with Pasta Pomodoro, Topped Ragu Sauce and Served with Focaccia Bread \$14

Jumbo Shrimp Linguini  
Spinach-Leek Fondue, Simmered in a Rich Cream Sauce and Served with Focaccia Bread \$23

Pan Seared Alaskan Halibut  
Untraditional Nicoise Garnish, Citronnade \$25

Grilled Baby Back Ribs  
Traditional Barbeque Basted Pork Ribs, Served with Gourmet Fries  
Full Rack of \$19, Half Rack \$11

Grilled King Salmon  
Warm Baby Vegetable Salad, Watercress Remoulade \$17

New York Steak "Au Poivre"  
Herb French Fries, Green Beans, Cognac Reduction \$29

Pan Seared Salmon Filet  
Angel Hair Pasta, Lemon Roasted Asparagus, Caper Parsley Beurre Blanc \$17

Prime Sirloin Open Face Steak Sandwich  
Bell Peppers, Onions, Cheddar and Jack Cheese, Ciabatta Bread, Gourmet Fries \$15

Grilled Bleu Cheese Tenderloin  
Buttered Asparagus, Garlic Mashed Potato and Herbed Garlic Bleu Cheese Butter \$31

